

Fixed thinking

frozen perceptions

Reality Coherence

physical space
physical action

perception issues

need for routine
technology issues

Associative Thinking

Perseveration

intrusive, obsessive, or
compulsive thoughts

All-Or-Nothing

perfectionism
need for closure

social complicity issues
semantic issues

suspicion, paranoia
pessimism
despair

Negative Outlook

interpersonal issues
projection

Theory of Mind

Fear (F)
Shame (S)
Trauma (T)